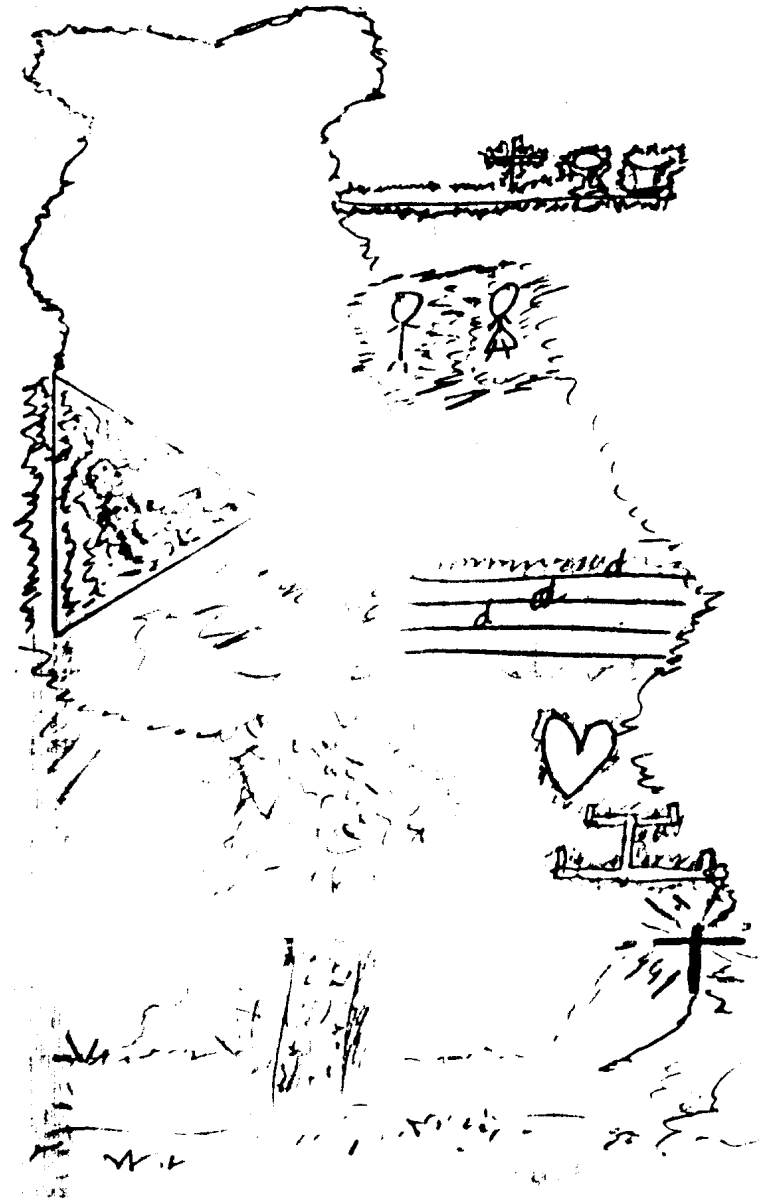
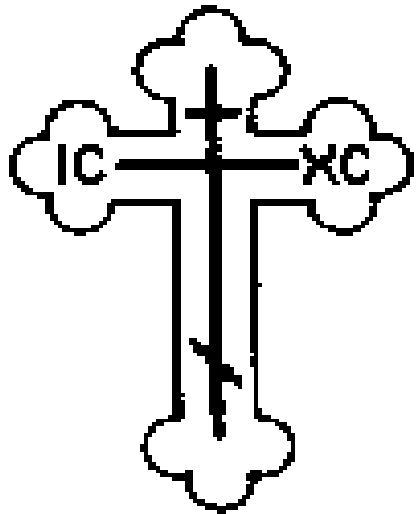


MORNING OFFERING
AND
PRAYER



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Most Rev. Paul, S.S.B.

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+ *The Society of Clerks Secular of Saint Basil* +

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That our Heart and Strength, the Holy Spirit will descend upon us and remain with us forever, fulfilling and completing us in You, binding us to and with You for all eternity, helping us to know and follow Your will; correcting our faults;

That our Father will continue to guide us and to protect us, gently teaching us in all things, protecting us from harshness and adversity beyond our ability to endure, and never allowing us to be punished with harshness or severity beyond our ability to endure but primarily with gentleness and so as to learn, obey, and follow Him, and that He will Keep us His children and keep us from hell;

That we will receive our punishment in this world and not in the next.

For whatever we need, and whatever You wish.

God, please help me love You.

+ + +

+ + +

Oh Trinity God, Oh Father, in the name of Jesus, and through Jesus, Our Lord and God of God, and through the Immaculate Heart of Mary, Ever Virgin Mother of God, in the Holy Spirit, I pray and I offer Thee, and pray that all will be worthy of being offered to Thee, and that Thou wilt accept, all my prayers, words, works, joys, sufferings, thoughts, actions, deeds, and every thing I do, think and feel, all my desires, and all of me in every way this day, in union with the Holy Sacrifice of the Divine Liturgy throughout the world, in particular, for the intentions of Jesus and of Mary, the Ever Virgin Mother of God, and if Thou wilt, for my purification and salvation, in reparation and atonement for my sins, for the holy intentions of all my associates, and the holy intentions of:

[here name your Patriarch, Metropolitan (Primate)] and of all the Patriarch, Primates, and leaders of your Church,

And of *[here name your Bishop(s)]*, your Bishop(s),

And of *[here name your Abbot(s)]* your Abbot(s),

And of *[here name your Priests]* your Priest(s)

And of *[here name your Deacons]* your Deacon(s)

And of all your Bishops, Priests, Deacons, Clerics, Seminarians, religious and laity;

And for these and all the Patriarchs, Primates, Church leaders, Bishops, Priests, Deacons, Clerics, Seminarians, Ministers, their spouses, children and families, and all the Abbots, Religious, Laity and their families;

For unity of your Kingdom, and for the godless and sinners on the

road to hell;

That never again will there be an abortion or a child harmed anywhere, for any reason, in any manner what-so-ever;

For the victims of my sins, and those who have hurt me;

For the conversion of *[your country - and suggest adding the United States, the former Soviet Union and its satellites, Russia, China and the East]*, and those governed by Satan, and those not governed by You, and of the whole world, to You, God, and to Orthodox and Catholic Christianity;

For *[name the leaders of your country, area, and officials in troubled areas]*, and all the world leaders, that they will try to do good and for the good which they seem to be trying to do;

For me and *[name those living who are special to you]* and for all our families, relatives and friends, for our children, grandchildren, descendants, parents, grandparents, ascendants, brothers, sisters, aunts, uncles, nephews, nieces, cousins, godchildren, godparents and for all those for whom I pray; that we will know, love, and serve you; that we will know and follow your will; that your will will be our will; that we will know our vocations in life and follow and be them to the fullest and best extent of our abilities; that we will acquire the Holy Spirit;

For those for whom I have been asked to pray and for those for whom I have said I will pray, especially *[name them]*, and for those conceived yesterday, today, and tomorrow, and those born yesterday, today, and tomorrow; that all who desire employment shall obtain secure employment at a fitting standard of living and perform an honest day's work; *[here add your personal, special intentions]*

For those who have died and are in need of our prayers, especially those who receive the benefit of few or no prayers at all; (for those in purgatory; for those in limbo;) and for all my dead family, relatives and friends and the dead of those for whom I have prayed; for those who died yesterday, those who died and who die today, and those who die tomorrow; for *[name the dead for whom you wish to pray]* and for their living families and friends;

For those who have severed themselves from the Body of Christ, and those whom we believe have done so, *[particularly - name those who are excommunicated]*;

In thanksgiving for my Guardian Angels;

For those who do not believe in you, and for those who do not care whether or not you exist.

That you will give me your gifts, especially those of Faith, Hope, and Love, of purity, honesty and truthfulness, tactfulness, patience, Fear of the Lord, piety, empathy, seeing, knowing, hearing, of speaking, wisdom, understanding, and gentleness, of holiness and repentance, and of good health, that all your gifts to me will grow stronger and clearer, that I will know how to use the gifts for the benefit of those to whom the gifts apply; that I will so use the gifts, that they will accept the benefit of the gifts; that the pain and sorrow I feel from the gifts will be bearable and that the joy and happiness I derive from the gifts will continue and grow;

That any suffering I experience will be united with Christ;

That the peace and joy and happiness and the Grace of our Lord Jesus Christ will permeate our entire beings, filling every portion of our daily lives;